## Directors and Instructor:

Chris Birch

Former Assistant University of Virgina, Women's Volleyball Program Director of Synergy VBC; Synergy National Team Coach

Cassie Kleepsies

Former division I collegiate volleyball player at University of Toledo Former Professional volleyball player Portugese Club Team Professional doubles (grass and beach) volleyball player

These camps are designed to work on only one skill and emphasize that skill. Whether it's your favorite skill or a skill you need work on (or never get to a chance to practice). The Skills camp is for you.

## over a 1000 balls of hitting passing digging setting

Monday-Wednesday from 9:00AM - 4:00PM

Cost: \$275 per Camper (\$300 after june 1)

Camp fee will include lunch

**Schedule:** 

Morning: 8:30am Registration Start: 9am to 11:30am with breaks

Lunch: 11:30am to 12:45pm (Includes Lunch) Afternoon: 12:45pm to 4:00pm with breaks All campers should bring the following:

1. Water Bottle (water will be provided) sports drinks and water will be on sale

- 2. Lunch (if lunch provide does not meet diet needs)
- 3. Snacks for breaks (beverages and snacks will be on sale
- 4. A change of clothes as seen necessary

## **Skills- Registration Form**

Camper Name:	_
Address:	
Phone:	_
email:	_
Grade (entering):	

Shirt Size (adult size): XS S M L XL

**Please Circle Camp** 

July 10-12 Passing Defensive Camp

July 17-19 Setters Camp

July 24-26 Hitters Blockers Camp

Online registrations and credit card payments at maxpowersportsinc.com or synergyvolleyball.com

please mail registration form and a check (Max Power Sports) for \$275 (\$300 after june 1) includes lunch

email: info@synergyvolleyball.com

Mail to: Max Power Sports Center Volleyball Skills Camp 250 King Manor Dr King of Prussia, Pa 19406

